

Basic 90 Scorecard

How are Your Vitamins and Minerals Measuring up?

“Basic 90 – Unflavored Combo” Majestic Earth Ultimate Classic - #13201	Your Vitamins
Vitamin A (as palmitate, beta carotene) 10,000 IU	
Vitamin B1 Thiamin (as mononitrate) 30 mg	
Vitamin B2 Riboflavin (as 5-phosphate) 30 mg	
Vitamin B3 Niacin (as niacinamide) 30 mg	
Vitamin B5 Pantothenic Acid (as pantothenol) 150 mg	
Vitamin B6 (as pyridoxine hydrochloride) 30 mg	
Vitamin B7 Biotin 300 mcg	
Vitamin B9 Folic Acid 400 mcg	
Vitamin B12 (as cyanocobalamin) 500 mcg	
Vitamin C (as ascorbic acid) 1,000 mg	
Vitamin D3 (as cholecalciferol) 200 IU	
Vitamin E (as d-alpha tocopheryl) 200 IU	
Vitamin K3 (as menadione) 30 mcg	
Choline (as bitartrate) 30 mg	
Inositol 30 mg	
Boron (from amino acid complex) 1 mg	
Para-amino benzoic acid (PABA) 30 mg	
Bioflavonoids 13 mg	

Minerals in the Ultimate Classic - #13201	
Iron (from gluconate) 4 mg	
Magnesium (from citrate, gluconate) 300 mg	
Zinc (from gluconate) 15 mg	
Selenium (from methionine) 100 mcg	
Copper (from gluconate) 1 mg	
Calcium (from tricalcium phosphate, citrate, gluconate) dihydrate) 600 mg	
Phosphorus 80 mg	
Manganese (from gluconate) 5 mg	
Chromium (from amino acid chelate) 200 mcg	
Potassium (from citrate) 100 mg	
Plant Derived Mineral Complex 600 mg	

Other Ingredients in the Ultimate Classic – #13201	
Grape seed- Standardized Plant Extract (vitis vinifera) p.e. 4:1 25 mg	
Co-enzyme Q10 5 mg	
Dimethylglycine 25 mg	
GDL (glucono delta lactone) 150 mg	
Purified water, vegetable glycerin, sodium erythorbate, citric acid, malic acid, Span 60, Tween 80, natural orange flavor, natural berry flavor, potassium sorbate, sodium benzoate, gum arabic and xanthan gum	

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Amino Acid Mix 125 mg † Majestic Earth Ultimate Classic # 13201 Proprietary Formula	Your Amino Acids
Alanine	
Arginine	
Aspartic acid	
Cystine	
Glutamic acid	
Glycine	
Histidine	
Isoleucine	
Leucine	
Lysine	
Methionine	
Phenylalanine	
Proline	
Serine	
Threonine	
Tyrosine	
Valine	

Essential Fatty Acids – EFA Plus Item# 20989 - 90 Soft Gel Capsules Average Fatty Acid Analysis: (one capsule)	Your Essential Fatty Acids Capsules
Alpha linolenic acid (omega 3) 212 mg	
Linoleic acid (omega 6) 174 mg	
Oleic acid (omega 9) 134 mg	
Gamma linolenic acid (omega 6) 76 mg	
Eicosapentaenoic acid (EPA) (omega 3) 120 mg	
Docosahexaenoic acid (DHA) 80 mg	
Other Ingredients:	
Borage seed oil	
Flax seed oil	
Fish body oil	
Natural vitamin E	
capsule (gelatin, glycerin and water)	

Get 90 Daily

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How are Your Vitamins and Minerals Measuring up?

Trace Minerals

Majestic Earth Minerals & Majestic Earth Cherry Mins 13203 & 13204	Your Minerals	Majestic Earth Minerals & Majestic Earth Cherry Mins	Your Minerals
Aluminum mg/1		Neodymium mg/1	
Antimony mg/1		Nickel mg/1	
Arsenic mg/1		Niobium mg/1	
Barium mg/1		Nitrogen (kjeldahl) mg/l	
Beryllium mg/1		Osmium mg/1	
Bismuth mg/1		Palladium mg/1	
Boron mg/1		Phosphorus mg/1	
Bromine mg/1		Platinum mg/1	
Cadmium mg/1		Potassium mg/1	
Calcium mg/1		Praseodymium mg/1	
Carbon mg/1		Rhenium mg/1	
Cerium mg/1		Rhodium mg/1	
Cesium mg/1		Rubidium mg/1	
Chlorine mg/1		Ruthenium mg/1	
Chromium mg/1		Samarium mg/1	
Cobalt mg/1		Scandium mg/1	
Copper mg/1		Selenium mg/1	
Dysprosium mg/1		Silicon mg/1	
Erbium mg/1		Silver mg/1	
Europium mg/1		Sodium mg/1	
Fluoride mg/1		Strontium mg/1	
Gadolinium mg/1		Sulfur mg/1	
Gallium mg/1		Tantalum mg/1	
Germanium mg/1		Tellurium mg/1	
Gold mg/1		Terbium mg/1	
Hafnium mg/1		Thallium mg/1	
Holmium mg/1		Thorium mg/1	
Indium mg/1		Thulium mg/1	
Iodine mg/1		Tin mg/1	
Iridium mg/1		Titanium mg/1	
Iron mg/1		Tungsten mg/1	
Lanthanum mg/1		Vanadium mg/1	
Lead mg/1		Ytterbium mg/1	
Lithium mg/1		Zinc mg/1	
Lutetium mg/1		Zirconium mg/1	
Magnesium mg/1			
Manganese mg/1			
Mercury mg/1			
Molybdenum mg/1			

Contact Rhonda Robbins, 480-228-1822 or 310-929-7110 for details about how to GET 90 Daily



For More Details Contact: Rhonda Robbins at 480-248-1882

Why You Must Supplement

A common recommendation made by most medical doctors is that in order to get all the nutrients necessary to maintain health you must, on a daily basis, eat food from each of the four basic food groups (i.e., meats and proteins, fruits and vegetables, breads and grains and dairy products). Dr. Joel Wallach challenges this belief when lecturing on health and highlights the reasons why it is practically impossible to get all the nutrients (especially the minerals) necessary to prevent disease by eating food from the four basic food groups. Dr. Wallach argues that an unfortunate consequence of the American public's faith in the four basic food groups has been a huge increase in the incidence of chronic degenerative diseases such as arthritis, cancer, diabetes, heart disease, etc. over the past 40 years.

1. There are 90 nutrients essential to human health. (NEED DAILY)

2. A deficiency in any one of these nutrients can lead to or cause, on average ten diseases. For example, a deficiency in copper can lead to premature gray hair, aneurism and stroke.
3. The 90 essential nutrients fall into four broad categories: amino acids; fatty acids; vitamins; and minerals.
4. If you eat a disciplined, well rounded diet you can get all the amino acids, fatty acids and vitamins you need.
5. It is practically impossible to get all of the minerals you need regardless of what kind or what quantity of food you eat.
6. Why is this so? Human beings ideally get minerals by eating foods such as vegetables, fruits and grains. However, such foods are grown in soils which are massively deficient in minerals, a fact which is documented by the findings reported at the 1993 World Eco Summit in Rio De Janeiro.
7. Minerals serve as catalysts for the body's ability to use amino acids, fatty acids and vitamins. Therefore, without the necessary mineral co-factors it is unlikely that we are getting the maximum benefit from these nutrients.

Conclusion: You must take mineral supplements to achieve optimal sustainable health!

Many Americans already take mineral supplements but most do not realize that there are three different types of mineral supplements each varying greatly in their absorbability and their potential to become toxic:

Metallic minerals — These minerals are similar to the kind found in rocks and soils and are only 8% to 12% absorbable. They can build to dangerous levels, accumulating in fat, liver and brain tissue. Most tablet-form minerals such as Centrum, Theragram and One-A-Day are of this type. A metallic mineral is not organic in nature. Consequently, the body has a very difficult time absorbing it, and eliminating what it can't absorb.

Chelated minerals — These are metallic minerals which have been bound to a carrying agent (usually an amino acid or enzyme) which assists in the absorption of the mineral in the small intestine. This method, patented in the 1970's, makes metallic minerals much more absorbable (35 to 45%) and much less potentially toxic to the body.

Organic Colloidal Minerals — These minerals have been processed through a plant and have undergone a biochemical transformation which makes them **extremely absorbable (90% to 98%)** and non toxic. Specifically, when a mineral is drawn from the soil into a plant via its roots, the process alters the mineral's bio-electric charge, changing it from positive to negative. Because the linings of our intestines carry an overall positive charge a natural magnetic gradient is created across which the mineral is absorbed directly into the bloodstream. Metallic minerals, on the other hand, do not undergo this biochemical transformation and therefore remain positively charged. A positively charged metallic mineral can cause problems for the body. The body is designed to recognize and use minerals in an organic colloidal form and will automatically rid itself of any excess. By contrast, the body has more

difficulty recognizing positively charged minerals. As a consequence they tend to accumulate in the body to sometimes dangerous levels. This is why metallic arsenic, for example, has been found to be 65 times more toxic than is organically bound arsenic.

Buyer Beware: Don't be fooled into buying mineral supplements that simply claim to be "colloidal." The term "colloidal" refers only to the very small particle size of the minerals used in these products. A far more important determinant of both the absorbability and safety of a mineral is whether or not the mineral is "organic" (i.e., derived from plant sources). Organic colloidal minerals are up to 20 times more absorbable and non-toxic when compared to inorganic colloidal minerals. It is a sad fact of the marketplace that many of the products being marketed as colloidal minerals are, in fact, inorganic colloidal minerals!

Forty four million copies of Dr. Wallach's Dead Doctor Don't Lie tape are presently in circulation.

The message it contains has generated intense public interest in colloidal mineral supplementation. Unfortunately, few products on the market measure up to either the spirit or the intent of what Dr. Wallach advises. Some companies, for example, get their product from inappropriate sources, from ancient sea beds or clay deposits rather than directly from plants. Some companies water down their minerals or spike their product with metallic minerals to boost spectrographic readings. There is, however one company, one line of organic colloidal mineral supplements that towers above the rest. Not surprisingly it is Dr. Wallach's very own line: the Majestic Earth line of mineral supplements. When it comes to your health and the health of your loved ones insist on the best:

MAJESTIC EARTH!

- Majestic Earth Minerals come directly from plant sources.
- Majestic Earth Minerals are not watered down.
- Majestic Earth Minerals boast the highest quantity as well as the highest quality of organic colloidal miners on the market.
- Majestic Earth Minerals are uniquely formulated to maximize bio-availability.
- Majestic Earth Minerals are vegetarian friendly
- Those Majestic Earth Mineral products which are sweetened are sweetened using only those natural fruit concentrates lowest in sugar.
- Majestic Earth Minerals are sold with a full 30 day satisfaction guarantee.
- Majestic Earth Minerals are the only mineral product with Dr. Wallach's face on the label.
- Majestic Earth Minerals are subjected to rigorous quality control measures before they are ever allowed to reach the public.
- Majestic Earth Minerals are of such high quality Dr. Wallach, himself, has staked his own good name and reputation on them.
- Majestic Earth Minerals are dependably consistent in terms of nutrient profile and concentration.
- Majestic Earth Minerals are available at wholesale to preferred customers.
- Majestic Earth Minerals **ARE SIMPLY THE BEST CHOICE** when it comes to organic colloidal mineral supplementation!

Dr. Wallach recommends saturating the system with his nutrients for the first 90 days. I can't afford a saturation intake. Should I forget about supplementing?

Absolutely not! Most of us are starving for essential nutrients and running terrible deficiencies, especially mineral deficiencies. Provide your body with even a modest amount of what it yearns for, deep inside, and you will be amazed at all the ways your own body will thank you for your newfound attention. The most important thing is to be consistent. Supplement every day with high quality, pure, bio-available, liquid, organic essential nutrients. A maintenance intake is usually about one half a saturation intake (in cost and quantity). At maintenance, health dividends may not accrue as quickly or dramatically, but that does not mean they will never show up. If you neglect your essential nutrient requirements all together, on the other hand, you will never harvest any amount of benefit.